

CARE to open recovery community center in Fraser this summer

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Monique Stanton, president and CEO of CARE of Southeastern Michigan stands at the site of Recovery United, a community center opening this summer in Fraser that will provide recovery-oriented activities such as health and wellness, art and music, financial literacy and career support. SUBMITTED PHOTO

There's good news on the horizon for those battling opioid addiction in Macomb County.

[CARE of Southeastern Michigan](#) will be opening its first recovery care community center.

"This is an enormous step for the community and our entire organization," said Monique Stanton, president and CEO of CARE, in a news release. "It is something we have been building toward for more than three years. When it opens this summer, Recovery United will be a model for how to treat addiction recovery not just in Michigan, but for the entire country."

Recovery United in Fraser, located at 32577 Garfield Road, will be a hub for recovery-oriented activities ranging from health and wellness to financial literacy, art, music and other services focused on creating social connections and support for recovery.

What makes the center unique is that it will feature expert care from those who have been there, such as individuals in recovery themselves. The site will also serve as the primary location for most of CARE's peer recovery coaches and will administer CARE's ongoing addiction recovery and workplace programs that are rooted in the Substance Abuse and Mental Health Administration's (SAMHSA) four dimensions of recovery: health, home, purpose and community.

Recovery United programs will include:

- Career planning
- Job training
- Resume workshops and job readiness support groups
- Art and music groups
- Trauma support
- Men, women and LGBT recovery support groups

- Health and wellness activities such as yoga, nutrition, guided meditation and vaccine clinics

"We have created it to be a safe place for individuals who are in recovery or seeking to meet for social and educational purposes, access services, and connect with a recovery coach," Stanton said. "Family members impacted by a loved one's addiction will also have the opportunity to receive services."

CARE's mission is to strengthen resiliency in people and their communities through prevention, education and services that improve quality of life.

For more information on the center and other programs visit careofsem.com/